

**Sexual abuse can affect a child or young person's whole life.
Do you know someone that needs help or need help yourself?
We can help you.**

We can help you.

We have a team of Children and Young Person's Sexual Violence Advisors (CYPSVAs) who work with and support anyone under the age of 18.

Our CYPSVAs are trained in line with Home Office guidance, and can work directly with the child or young person as well as provide support to the family.

They can meet with the child or young person

wherever they feel most comfortable, which could be at home, school, a café or outdoor area. They can provide a safe space to talk, emotional support, help to communicate with school, college or other professionals.

Our CYPSVAs also refer into other services

such as support groups, counselling, creative groups, substance abuse services and many more – depending on what the child or young person needs and wants. We also signpost families to other specialist services and helplines.

The CYPSVAs understand how scary or confusing it can be and do their best to help the young person understand what is happening, helping them to ask questions and talk to the police, if needed.

They help you or your child feel safe and if you choose, they can offer support to report the incident and attend court. They can also offer ongoing help after the court process.

The next step is to contact us our service is free and confidential.

We can come to you or you can come to one of our hubs near you.

**Call us on
0333 323 1543**

We will always believe you.

This abuse should not have happened and the blame belongs entirely to the person who abused you.

You deserve the very best possible help and support.

The next step is to get help and contact us.

We can offer

- A safe place to talk about what happened
- Confidential advice
- Practical support
- Referrals to counselling
- Information on other support services

If you choose to talk to us, we can:

- Support you to cope with what happened
- Support you to decide what to do next
- Help you to think about your future
- Help you recover



What ever you decide

Talking in confidence about your experience to a SAFE Link worker, although sometimes difficult and painful, can help you come to terms with what has happened and begin your journey of recovery.

How to contact us

Tel: 0333 323 1543

Bristol | B&NES | North Somerset |
Somerset | South Gloucestershire

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